Anemone coronaria

Depending on location and setup, anemones can be planted either in the fall or late winterearly spring. While spring planted anemone won't be quite as prolific as fall-planted ones, a nice harvest can still be had.

In areas with mild winter temps (zone 7 and above) anemone can be planted in the fall and successfully overwintered outdoors with minimal protection such as a low tunnel or frost cloth. In colder areas, where temps dip well below freezing for extended periods of time, you can start them indoors—in a hoop house or low tunnel, or in trays to plant out later at the very end of winter. Plants can be moved outside once the threat of deep freezing has passed—this is usually about a month before your last spring frost.

Growing Instructions:

1. When you unpack your anemone, you'll notice they are very small, resembling bark dust or a bit of gravel. Don't worry, these strange looking nuggets will actually produce an abundance of beautiful blooms!

2. Before planting, soak anemone for 3-4 hours in room temperature water. DO NOT OVERSOAK as they can begin to rot, unlike ranunculus that you soak for a longer period of time. Make sure the soaking water is running/moving at least a little to increase the water's oxygenation levels. As the anemone soak, they will plump up, often doubling in size.

After soaking, anemone can either be planted directly into the ground (field planted), or be presprouted. Pre-sprouting the anemone before planting will give plants a jump-start and will have flowers a few weeks earlier than non-pre-sprouted ones.

3a. **To field plant**, plant the corms straight in the ground, pointy side down, about 2-3" deep. Some recommend to mix in additional compost when backfilling the planted corms. Once planted, they should start coming up about 3-4 weeks.

3b. **To pre-sprout**, fill a flat-bottom seed tray halfway full of moist potting soil. Sprinkle the soaked anemone into the soil and cover them with more soil so that they are completely covered. Leave this tray in a cool place (50-55°F), where rodents can't find it for 10-14 days. Check on them every few days and make sure the soil is moist but not soggy and remove any that show signs of rot or mold.

4. During this time, anemone will swell to twice their original size and develop little white roots that resemble hair. Once these roots are about 1/8- 1/2" long (pull them up to check), plant them in the ground 2-3" deep.

5. During cold stretches, when temps dip below freezing, cover the plants with a layer of frost cloth.

6. Anemone normally starts to flower about 90 days after planting. Fall planted anemone bloom in early spring and continue steadily for six to seven weeks. Late winter planted anemone will flower by mid spring and continue for four to six weeks.

7. The vase life on Anemone is outstanding, often exceeding 10 days if harvested as soon as they are open the longest vase life. Deadhead the plants regularly and cut back spent blooms for continuous flowering.